

Effect of Ratio Analysis on the Financial Performance of Consumer Goods Firms in Nigeria: A Study of Nestlé Nigeria Plc (2013–2023)

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Abstract

This study examined the effect of ratio analysis on the financial performance of consumer goods firms in Nigeria, focusing on Nestle Nigeria Plc from 2013 to 2023. The specific objectives were to assess the impact of return on equity, return on assets, and net profit on inventory turnover. An ex-post facto research design was employed, using secondary data sourced from the company's financial statements. Regression analysis was conducted using EViews 8. Findings revealed that return on equity significantly affects inventory turnover, while return on assets and net profit showed no significant effect. The study concludes that performance ratio analysis plays a critical role in assessing management effectiveness in consumer goods firms. It recommends that company management should institutionalize a robust ratio analysis framework to monitor and enhance financial performance consistently.

Keywords: ratio analysis, financial performance, return on equity, return on assets, inventory turnover

Introduction

Ratio analysis expresses the relationship between two financial metrics, typically by dividing one figure by another. It serves as a critical tool in assessing how

effectively a firm utilizes its resources to generate income and sustain financial health over time (Kenton, 2019). Profitability, in particular, reflects organizational success in maximizing stakeholder value (Ugoani, 2018). Ratio analysis is widely recognized as an essential technique for evaluating business performance and making informed investment decisions (Rashid, 2018).

According to Lucey (2001), ratio analysis is a practical tool for monitoring and improving business performance, especially when conducted regularly. It highlights trends and evaluates operational efficiency and financial stability. Performance ratio analysis often focuses on metrics such as return on equity (ROE), return on assets (ROA), capital adequacy, operating efficiency, and return on investment (ROI). These indicators help in understanding cost-effectiveness and overall managerial efficiency (Neil, 2019). Although ratio analysis offers valuable insights, its reliability may be compromised by factors such as tax distortions, hidden gains or losses, fraudulent accounting practices, and poor disclosure. Misstated financial figures and audit failures—such as those seen in the Cadbury Nigeria and Enron scandals—can severely undermine the credibility of ratio analysis. Moreover, issues like poor corporate governance, window dressing, and unethical practices reduce the effectiveness of ratio analysis in enhancing management efficiency.

This study explores the effect of performance ratio analysis on management effectiveness in Nigeria's consumer goods sector, focusing on Nestle Nigeria Plc. It aims to investigate whether key ratios such as return on equity, return on assets, and net profit influence inventory turnover, a key indicator of operational efficiency. The significance of this study extends to several stakeholders. For investors, ratio analysis is vital in comparing company performance across an industry and making informed investment decisions. It allows for benchmarking against industry peers and supports strategic financial planning. Financial executives and analysts use ratio analysis to assess profitability, efficiency, internal control, and asset management—crucial areas for business sustainability. Creditors also benefit, as performance ratios help determine a firm's ability to meet its obligations. Stockholders use these metrics to assess firm performance, while prospective investors evaluate a company's financial future before committing funds.

In academic circles, this research contributes to the growing body of knowledge on financial performance measurement. It offers valuable insights to students, researchers, and scholars regarding the relationship between ratio analysis and management effectiveness in the Nigerian context.

The study focuses on Nestle Nigeria Plc, covering the period from 2013 to 2022. This timeframe ensures the availability and accessibility of reliable secondary data. The geographic scope is limited to Nigeria, specifically within the consumer goods industry, providing a focused context for evaluating the impact of financial performance metrics on managerial outcomes.

Literature Review

This literature review is structured under the following subheadings: conceptual review, theoretical review, empirical review, and summary.

Conceptual Review

This section presents scholarly perspectives on performance accounting ratios and management effectiveness.

Ratio Analysis

Ratio analysis is a financial tool that reveals relationships within accounting data, helping to evaluate both successful and poor enterprise performance (Ugoani, 2018). Ratios summarize financial performance by comparing two variables—often expressed as quotients, fractions, or percentages (Olaegbe, 2012). Dansby and Lawrence (2000) define a ratio as a fractional relationship; while Lucey (2001) emphasizes that ratios help interpret financial statements meaningfully. Lasher (1997) further notes that ratios become most useful when compared across time or between firms.

Ratio analysis simplifies complex financial data, aids in identifying operational strengths and weaknesses, and supports investment and lending decisions (Archana & Padma, 2013). Krishnan (2020) explains that the relevance of specific ratios depends on the user's objectives. For instance, investors prioritize profitability ratios, while creditors focus on liquidity and solvency (Rashid, 2018). Ratios are also employed in performance forecasting (Brigham & Ehrhardt, 2010).

Ezejiolor, *et al.* (2017) found significant differences in profitability and coverage ratios between Nigerian telecom firms and banks. Harsha *et al.* (2017) classify ratios into categories: liquidity, solvency, profitability, asset utilization, and investment potential—each assessing specific aspects of firm performance.

Return on Equity (ROE)

ROE measures how effectively management uses shareholders' equity to generate income (Ugoani, 2018; Mohammed, 2014). It serves as a benchmark for profitability and shareholder value maximization (Sanyaolu et al., 2020). It is widely used to assess financial efficiency across firms (Ryan, 2019; Ezechukwu & Amahalu, 2016). However, ROE does not capture the timing of cash flows or asset turnover (Angela, 2016). A rising ROE indicates good performance, while a decline may signal inefficiencies (Mohsin & Midra, 2015).

Return on Assets (ROA)

ROA evaluates a firm's ability to generate profit from its total assets, making it a key indicator of management performance (Ugoani, 2018). It provides a broader profitability perspective compared to equity-based metrics (Yonas & Suharto, 2021). High ROA reflects efficient asset utilization (Syamsuddin, 2009). Studies indicate firms like Nestlé Nigeria Plc and Dangote Cement maintain ROA above 10%, suggesting strong operational performance (Imhanzenobe, 2019).

Net Profit

Net profit reflects the firm's capacity to convert revenue into earnings after all expenses. It is crucial for organizational sustainability, investor confidence, and reduced reliance on debt (Oyedokun et al., 2019; Nworie & Ofoje, 2022). Operating profit captures earnings before interest and taxes, while net profit measures overall profitability (Oliver et al., 2017). Profit maximization enhances shareholder value and influences stock prices (Oyerogba et al., 2014; Mohamed & Hazem, 2015). Controlling costs, especially inventory, is critical to improving profitability (Sujoko, 2007; Oyedokun et al., 2019).

Management Effectiveness

Management effectiveness, or managerial efficiency, refers to the ability to optimize resources for achieving business objectives (Adegbe et al., 2019; Leverty & Grace, 2012). It plays a vital role in promoting growth and competitiveness. Efficient resource utilization enhances productivity and profitability (Sunday & Agubata, 2023). Given resource constraints, firms require skilled managers to avoid operational failures.

Inventory Turnover

Inventory turnover indicates how frequently inventory is sold and replenished over a period, reflecting operational efficiency (Imhanzenobe, 2019). In retail, inventory can constitute up to 50% of current assets (Yasin et al., 2013). High turnover suggests effective stock management, while excess inventory incurs opportunity and holding costs (Farooq, 2019; Van et al., 2019). Market trends and inflation also influence inventory strategies.

Empirical Review

Numerous empirical studies have investigated the relationship between financial ratios, managerial efficiency, and firm performance across various Nigerian industries. Enekwe *et al* (2013) analyzed profitability and financial ratios in the pharmaceutical sector between 2001 and 2011. Using multiple regression, they found a generally negative relationship, suggesting inefficiencies during the review period. Archana and Padma (2013), using a case study approach, revealed that liquidity ratios exceeded benchmarks, and improvements in inventory and debtor turnover reflected efficient operations and credit policies.

Mohammed (2014) conducted a case study on NBC Maiduguri Plant, concluding that ratio analysis is essential for evaluating past performance, forecasting, and supporting strategic decisions. Borhan et al. (2014) studied a chemical company from 2004–2011, finding that current, quick, and debt ratios, as well as net profit margin, were positively linked to firm performance. Enekwe (2015) assessed financial ratios in Nigeria's oil and gas industry (2008–2012) using Pearson correlation and regression. Total asset turnover, debtor turnover, and interest coverage were significantly associated with profitability, while debt-equity and creditor turnover had negative, insignificant effects. Ezekwesili (2021) focused on Nigerian banks, finding that the loan-to-deposit and current ratios significantly impacted net interest margin, highlighting the importance of credit and liquidity ratios. Ajeigbe et al. (2021) explored firm value sustainability among listed Nigerian firms using agency and signaling theory. Ratios such as ROA, asset turnover, and EPS significantly influenced firm value.

Osingor and Ezeala (2021) analyzed quoted brewery firms and found a negative relationship between the current ratio and firm performance. However, debt-equity ratio positively influenced ROA, suggesting balanced capital structures enhance performance. Ndum (2022) examined food and beverage firms from 2015 to 2020 and found that market and profitability ratios significantly impacted ROA, emphasizing their importance in performance evaluation. Sunday and

Agubata (2023) evaluated listed consumer goods firms (2015–2021). They reported that inventory turnover, accounts receivable turnover, and operating expenses had significant positive effects on performance (measured by EPS), indicating the impact of management efficiency.

The reviewed literature affirms that financial ratios—particularly ROE, ROA, and net profit—are essential in assessing management effectiveness and overall firm performance. Inventory turnover, in particular, serves as a key proxy for managerial efficiency. Despite extensive research, gap remains concerning the specific relationship between performance ratio analysis and management effectiveness in Nigerian consumer goods firms, especially Nestlé Nigeria Plc. Existing studies have not thoroughly explored the simultaneous use of ROE, ROA, and net profit as proxies for performance ratios against inventory turnover as a measure of management effectiveness. This study addresses that gap by covering the period 2013–2022 and applying a more integrated analytical framework. It contributes to the literature by adopting robust econometric techniques to examine the influence of financial ratios on management effectiveness in the Nigerian manufacturing sector.

Methodology

This study adopts an ex-post facto research design, which involves analyzing existing data to determine relationships among variables (Onwumere, 2009). This design is appropriate for examining the effect of performance ratio analysis on the levels of management effectiveness. The study focuses on consumer goods firms in Nigeria, with particular emphasis on Nestlé Nigeria Plc, one of the largest and most prominent firms in the sector, both nationally and in West Africa. The population comprises all 16 consumer goods firms listed on the Nigerian Exchange Group (NGX). However, the study focuses specifically on Nestlé Nigeria Plc. The research covers a 10-year period (2013–2022) to ensure data adequacy and consistency. Secondary data were collected from the annual reports and financial statements of Nestlé Nigeria Plc for the specified period.

The study employs the Ordinary Least Squares (OLS) regression technique, based on the principle of Best Linear Unbiased Estimators (BLUE). Analysis was conducted using EViews version 8. OLS regression was chosen for its effectiveness in estimating the relationship between independent and dependent variables. Three regression models were formulated to address the research questions. The relationship among the variables is expressed in a linear form, as shown in the models presented in the next section.

INT = f (ROE)	.	.	.	1
INT = f (ROA)	.	.	.	2
INT = f (NPR)	.	.	.	3

The study's clear and specific link between the dependent and independent variables is illustrated below.

$$INT = b_0 + b_1ROE + b_2 ROA + b_3 NPR + U_t \quad . \quad . \quad . \quad 4$$

Where,

INT= Inventory turnover

ROE=Return on equity

ROA=Return on assets

NPR= Net profit

b_0 = Regression Constant

b_1, b_2 & b_3 = Regression Coefficients

U_t = Stochastic term

The study's dependent variable, representing management effectiveness, is proxied by inventory turnover (INT), while the independent variables—representing components of performance ratio analysis—are proxied by return on equity (ROE), return on assets (ROA), and net profit (NPR).

Table 1
Measurement of Variables

Variable Type	Variable	Acronym	Measurement	Expected Effect
Dependent Variable (Management Effectiveness)	Inventory Turnover	INT	Cost of Goods Sold ÷ Average Inventory	+
Independent Variables (Performance Ratios Analysis)	Return on Equity	ROE	Profit After Tax ÷ Total Equity	+
	Return on Assets	ROA	Net Income ÷ Total Assets	+
	Net Profit Margin	NPM	Net Profit ÷ Revenue	+

Note. Positive signs (+) indicate an expected positive relationship between the variable and management effectiveness.

Source: Authors' compilation, 2025.

Results and Discussions

This presents the empirical results based on the regression models formulated in the preceding section. The interpretation and discussion of each result are aligned with the stated research objectives. This section also provides the foundation upon which the study's conclusions and recommendations are drawn.

Table 2

Raw Financial Data of Nestlé Nigeria Plc (2013–2022)

Year	Cost of Sales	Inventory (End)	Inventory (Begin)	Total Inventory	Avg. Inventory	PAT/Net Income	Total Equity	Total Assets	Revenue
2013	76,298,147	9,853,893	8,784,909	18,638,802	9,319,401	22,258,279	40,594,801	108,207,480	133,084,076
2014	82,099,051	10,956,010	9,853,893	20,809,903	10,404,952	22,235,640	35,939,643	106,062,067	143,328,982
2015	83,925,957	10,813,960	10,956,010	21,769,970	10,884,985	23,736,777	38,007,074	119,215,053	151,271,526
2016	106,583,385	20,637,750	10,813,960	31,451,710	15,725,855	7,924,968	30,878,075	169,585,932	181,910,977
2017	143,280,260	23,910,303	20,637,750	44,548,053	22,274,027	33,723,730	44,878,177	146,804,128	244,151,411
2018	152,354,445	23,124,020	23,910,303	47,034,323	23,517,162	43,008,026	50,220,486	162,334,422	266,274,621
2022	155,888	33,278	23,124	56,402	28,201	45,683	45,557	193,374	284,035

Year	Cost of Sales	Inventory (End)	Inventory (Beginning)	Total Inventory	Avg. Inventory	PAT/Net Income	Total Equity	Total Assets	Revenue
19	,473	944	020	964	482	113	630	,314	,255
20	167,872	52,222,	33,278,	85,501,	42,750,	39,212,	29,296,	246,184	287,084
20	,616	267	944	211	606	025	984	,996	,087
20	219,985	58,964,	52,222,	111,186	55,593,	40,037,	21,378,	310,238	351,822
21	,914	125	267	,392	196	277	208	,504	,329
20	291,054	88,340,	58,964,	147,304	73,652,	48,965,	30,291,	415,044	446,819
22	,270	532	125	,657	329	488	224	,031	,260

Source: Researcher's extraction from Annual Reports (2013–2022)

Table 3

Performance Ratios of Nestlé Nigeria Plc (2013–2022) Year	Inventory Turnover (INT)	Return on Equity (ROE)	Return on Assets (ROA)	Net Profit Margin (NPM)
2013	8.19	0.55	0.21	0.17
2014	7.89	0.62	0.21	0.16
2015	7.71	0.62	0.20	0.16
2016	6.78	0.26	0.05	0.04
2017	6.43	0.75	0.23	0.14
2018	6.48	0.86	0.26	0.16
2019	5.53	1.00	0.24	0.16
2020	3.93	1.34	0.16	0.14
2021	3.96	1.87	0.13	0.11
2022	3.95	1.62	0.12	0.11

Note. INT = Inventory Turnover; ROE = Return on Equity; ROA = Return on Assets; NPM = Net Profit Margin.

Source: Researcher's calculation (2025)

Table 4
Descriptive Statistics of Key Variables

Statistic	INT	ROE	ROA	NP M
Mean	6.08	0.95	0.18	0.13
Median	6.46	0.80	0.20	0.15
Maximum	8.19	1.87	0.26	0.17
Minimum	3.93	0.26	0.05	0.04
Std. Dev.	1.67	0.51	0.07	0.04
Skewness	-0.24	0.59	-0.71	-1.48
Kurtosis	1.59	2.22	2.61	4.37
Jarque-Bera	0.92	0.83	0.91	4.45
Probability	0.63	0.66	0.63	0.11
Sum	60.84	9.49	1.80	1.34
Sum Sq. Dev.	25.12	2.36	0.04	0.01
Observations	10	10	10	10

Source: Researcher's calculation (2025)

Table 4 presents the descriptive statistics for the variables under study in their raw form. Specifically, inventory turnover (INT), return on equity (ROE), return on assets (ROA), and net profit margin (NPM) had mean values of approximately ₦6.08 million, ₦0.95 million, ₦0.18 million, and ₦0.13 million, respectively. These figures represent the average values of the variables for Nestlé Nigeria Plc

over the 10-year period from 2013 to 2022. The table also displays the respective minimum and maximum values, showing the variability in performance over time.

The sum of squared deviations—25.12207 (INT), 2.355395 (ROE), 0.039386 (ROA), and 0.012760 (NPM)—provides a measure of how data points deviate from their respective means. The standard deviation values for INT (1.670731), ROE (0.511576), ROA (0.066153), and NPM (0.037653) further illustrate the spread of the data. Since all standard deviation values are lower than their corresponding means, this suggests relatively low variability and a consistent trend across the years, indicating moderate fluctuations around the average.

Furthermore, Table 4 provides insights into the distribution characteristics of the data series through skewness, kurtosis, and the Jarque-Bera (JB) test statistics. Ideally, a skewness value of zero indicates a perfectly symmetric distribution. In this study, INT and ROA show slight negative skewness, while ROE and NPM show positive and more pronounced negative skewness, respectively. Kurtosis values suggest a near-normal distribution for most variables, with NPM slightly leptokurtic (value > 3), indicating a sharper peak than a normal distribution.

The Jarque-Bera test statistics for INT (0.924858), ROE (0.831283), and ROA (0.911002) yield p-values of 0.629752, 0.659917, and 0.634130, respectively—all greater than the 0.05 significance level. This indicates that these variables are normally distributed. Although the JB value for NPM (4.450677) is higher, its p-value of 0.108031 still exceeds 0.05, suggesting no significant deviation from normality.

These results satisfy the normality assumption of the Ordinary Least Squares (OLS) regression technique, thus justifying its application in estimating the model.

Test of Hypotheses

The study tested three hypotheses corresponding to its specific objectives. The decision rule is as follows:

If the p-value is less than 0.05, reject the null hypothesis (H_0) and accept the alternative hypothesis (H_1). If the p-value is greater than 0.05, accept the null hypothesis (H_0) and reject the alternative hypothesis (H_1).

The hypotheses were tested using OLS regression results, which are discussed below.

Test of Hypothesis One

H₀₁: Return on equity (ROE) has no significant effect on inventory turnover (INT) of consumer goods firms in Nigeria.

Table 5

Regression Results for Hypothesis One

Variable	Coefficient	Std. Error	t-Statistic	p-Value
ROE	-2.8915	0.5367	-5.3873	0.0007
Constant	8.8270	0.5719	15.4334	0.0000

Model summary:

$R^2 = 0.7839$, Adjusted $R^2 = 0.7569$, $F(1,8) = 29.02$, $p < .001$, Durbin-Watson = 1.665

The regression results indicate that ROE explains approximately 78.4% of the variation in inventory turnover (INT), with an adjusted R^2 of 75.7%. The negative coefficient (-2.8915) suggests that higher ROE is associated with a decrease in INT. The relationship is statistically significant, given the p-value of 0.0007, which is less than the 0.05 significance level. Therefore, we reject the null hypothesis and conclude that return on equity has a significant negative effect on inventory turnover in Nigerian consumer goods firms.

Test of Hypothesis Two

H₀₂: Return on assets (ROA) has no significant effect on inventory turnover (INT) of consumer goods firms in Nigeria.

Table 6

Regression Results for Hypothesis Two

Variable	Coefficient	Std. Error	t-Statistic	p-Value
ROA	8.9144	8.3545	1.0670	0.3171
Constant	4.4808	1.5913	2.8158	0.0226

Model summary:

$R^2 = 0.1246$, Adjusted $R^2 = 0.0152$, $F(1,8) = 1.14$, $p = .317$, Durbin-Watson = 0.259

The model shows that ROA accounts for only about 12.5% of the variation in inventory turnover, with an adjusted R^2 close to zero (0.015). The coefficient for ROA is positive (8.9144) but not statistically significant ($p = 0.317$), exceeding the 0.05 threshold. Thus, we fail to reject the null hypothesis and conclude that return on assets has no significant effect on inventory turnover in consumer goods firms in Nigeria.

Test of Hypothesis Three

H_{03} : Net profit margin (NPM) has no significant effect on inventory turnover (INT) of consumer goods firms in Nigeria.

Table 7

Regression Results for Hypothesis Three

Variable	Coefficient	Std. Error	t-Statistic	p-Value
NPM	13.2798	14.9686	0.8872	0.4009
Constant	4.3001	2.0806	2.0667	0.0726

Model summary:

$R^2 = 0.0896$, Adjusted $R^2 = -0.0242$, $F(1,8) = 0.79$, $p = .401$, Durbin-Watson = 0.247

Net profit margin explains less than 9% of the variance in inventory turnover, with a negative adjusted R^2 , indicating poor model fit. The coefficient is positive but statistically insignificant ($p = 0.4009$). Therefore, we fail to reject the null hypothesis and conclude that net profit margin has no significant effect on inventory turnover in Nigerian consumer goods firms. ROE significantly affects inventory turnover, negatively influencing it. ROA and NPM do not have significant effects on inventory turnover within the sampled period.

Conclusion and Recommendations

This section draws conclusions and provides recommendations based on the findings regarding the effect of performance ratios analysis on the levels of management effectiveness in consumer goods firms in Nigeria, using Nestle Nigeria Plc over the period 2013 to 2022.

The empirical findings based on the study objectives are as follows. Return on equity (ROE) has a significant effect on inventory turnover (INT) of consumer goods firms in Nigeria, evidenced by a statistically significant p-value ($p < 0.05$). Return on assets (ROA) has no significant effect on inventory turnover, as the p-value (0.32) exceeds the 0.05 significance threshold. Similarly, net profit margin (NPM) does not significantly affect inventory turnover, with a p-value of 0.40 indicating statistical insignificance.

Businesses, governments, and other organizations increasingly rely on performance ratios derived from financial statements to monitor management effectiveness and efficiency. This management tool helps identify strengths and weaknesses in specific areas, providing opportunities for corrective action. Although financial statements such as the income statement and balance sheet present profitability and solvency, their true value lies in relating various financial items through ratios to inform effective managerial decision-making.

In light of the analysis and discussion on performance ratios in relation to business efficiency, survival, and growth, the study concludes that ROE significantly affects inventory turnover, while ROA and NPM do not show significant impacts on inventory turnover in Nigerian consumer goods firms.

Based on these findings, management of companies should institutionalize effective performance ratio mechanisms capable of tracking performance at regular intervals. Performance ratios should be applied consistently by management in consumer goods firms to enhance financial health and operational efficiency. Additionally, to maintain and restore stakeholder confidence, performance ratio reports should provide clear and relevant information.

Performance ratio analysis helps reduce wasteful spending and should be prioritized by top management in the pursuit of excellence. Sound asset and liability management is necessary to improve the solvency and overall stability of enterprises. Furthermore, all listed companies in Nigeria should be encouraged to prepare and disclose additional financial accounting indicators related to performance ratios alongside mandatory financial statements. This disclosure would offer stakeholders clearer insights into management effectiveness.

This study is limited to examining performance ratios and management effectiveness within Nigerian consumer goods firms, using data from 2013 to 2022. Conducting research in Nigeria, as in many developing countries, presents challenges such as difficulties in sourcing data. The limited availability of prior

research literature on accounting information reporting in Nigerian consumer goods firms also posed a challenge. Despite these constraints, the researcher was able to collect sufficient data, primarily through online sources, to address the research questions.

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